



Winter

2009

Breakfast Menu



News

Ludington Area Schools located at 809 E. Tinkham will receive and use Federal Funds and United States Department of Agriculture donated foods. No person because of race, color, national origin, sex, age or handicap shall be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination in our United States Department of Agriculture donated food and child nutrition programs. Any person who believes they have been discriminated against should write immediately to the Secretary of Agriculture at 1400 Independence Ave. SW Washington D.C. 20250-9410



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

ASSORTED BREAKFAST CEREAL OFFERED DAILY:

GENERAL MILLS: Cheerios (Apple/Cinnamon ; Honey Nut) Cinnamon Toast Crunch ; Cocoa Puffs ; Golden Grahams ; Kix Berry and Trix

KELLOGG CEREAL: Special K; Frosted Mini Wheat; Froot Loop and Apple Jack

ASSORTED BREAKFAST MUFFINS: Orange/Cranberry ; Orange/Pineapple and Cherry

ASSORTED TRIX YOGURT: Raspberry Rainbow ; Strawberry Banana and Watermelon Burst

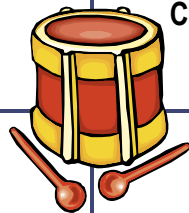
POP TART SINGLES: Brown Sugar and Strawberry

FRUIT: Fresh Fruit (Apples, Banana, Oranges and Pears) Canned Fruit

UNCRUSTABLE PEANUT BUTTER SANDWICH: Grape and Strawberry 2.8 oz.

ASSORTED MILK: White ; Skim and Chocolate

GRAHAM CRACKERS



100 % JUICE: Apple; Grape and Orange

ON TUESDAYS AND THURSDAYS THERE WILL BE A HOT BREAKFAST AT THE SR.HIGH ONLY...