

# **Ludington High School - Student Health & Safety Protocols**

## **2020-2021**

### **COVID-19 Preventative Measures**

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom/ and before eating or preparing food.
- If you have to cough or sneeze, try to use your elbow or a tissue, and then throw out the tissue if used and wash your hands afterwards.
- Avoid touching eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick (see updated attendance policies below). If you have a fever, a new cough or are having difficulty breathing, call your local medical provider.
- Avoid close contact with people who are sick.
- Clean and disinfect frequently touched objects and surfaces.
- If you have questions about whether or not you should have to be tested for COVID-19, use the self-assessment tool at [COVID-19 \(Coronavirus\) self-assessment tool](#).

### **Personal Protective Equipment**

- In Phase 4, all students and staff 6-12 are required to wear a protective face covering at all times on school property, except when they sit down to eat.
- Face coverings must also be worn while traveling on school buses.
- Students refusing to wear face coverings in the school building will have their parents contacted and be sent home for virtual learning until they can comply. There will be a stay at home virtual learning option for those families who wish to learn from home.

### **Physical Distancing**

- Follow safe physical distancing guidelines of at least 6 ft between people, when at all possible, while entering the building, moving through the halls, in common areas, and in classrooms.
- Do not share personal items. Minimize direct contact with others.

### **Entering/Leaving the Building**

- Protective face coverings must be worn when entering and leaving the building.
- Students may enter and leave via either the LHS main front entrance or the back parking lot door.
- Maintain safe social distancing of six feet between people when entering and leaving the building.

### **Passing Time**

- In an effort to minimize the amount of time students spend in large groups, students will go directly from one class to the next. Students will not be allowed to congregate in large groups during passing.
- Hallways will be set up so that students and staff must stay to the right side as they move down the hall. We encourage everyone to remain as distant as possible and to minimize contact with others while in the hallway.

### **Lockers**

- Students will not be issued lockers this year. Parents may contact the LHS office to request a locker for their students. In those individual circumstances, lockers will be distanced.
- You are encouraged to carry all school materials and supplies with you in a bag or backpack. This will cut down on close contact while using lockers.

## **Bathrooms**

- Students must use the bathroom closest to their classroom during class. Go directly to the bathroom and return directly to class afterwards.
- Sign out and back into class in the class Hall Pass Log each time you leave. Only one student per class will be allowed out at a time.
- Follow COVID-19 handwashing guidelines as posted in the bathrooms before returning to class.

## **Hygiene**

- Wash your hands or use hand sanitizer provided when arriving at school, before entering classrooms, after using the restroom, and before and after eating.

## **Follow Five Steps to Wash Your Hands the Right Way (cdc.gov)**

- Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
- Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
- Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.
- Rinse your hands well under clean, running water.
- Dry your hands using a clean towel or air dry them.

## **Lunch**

- All students and staff must wear a protective face covering until they are seated in a designated spot to eat. Face coverings must be put back on before you get up from your seat.
- The cafeteria will have tables clearly marked to physically distance students. There will be signage with large Xs on the seats where students are NOT allowed to sit. You may sit in spaces without an X.
- A limited number of students may eat in the Media Center on a first come first serve basis. You may only sit in designated spaces and are responsible for cleaning up after yourself. Students in this area must adhere to seating and social distancing signs.
- A limited number of students will be allowed to eat in the auditorium lobby during lunch hours on a first come first serve basis. Students in this area must adhere to the seating and social distancing signs.
- Students will be allowed to be in the main lobby during lunch, but must make efforts to maintain physical distancing. Those who are not able to do so will be sent back to the cafeteria to eat.

## **Illness/Attendance**

- If you feel sick, **stay home**.
- Parents/Guardians please call the attendance office at 231-845-3880 before 9:00am to inform staff students are home sick. Attendance staff will call home to check on any student absent without a call-in after 9:00am.
- Students will have up to 2 days per day missed to catch up on, make up, and hand in work without penalty. Upon your return, you should initiate contact with all of your teachers to find out what was missed and schedule any necessary make ups.
- If you develop symptoms while at school, let your teacher know and report to the attendance office. You will be escorted to the LHS sick room. Sign out and call to secure a ride home.
- If you are not sure whether you should stay home use the self-assessment tool [COVID-19 \(Coronavirus\) self-assessment tool](#).